



“Responding to the PTSD Subject”

“Hosted by MLEOTA, Pearl, Mississippi”

November 17, 2025

Course Duration: 8 hours

Max. Number of Students: 30

Instructional Setting: Classroom

Instructors: **Dr. Harry (Nick) Spring, PhD**
Dr. Spring specializes in Diagnosis,
Treatment and Education of PTSD
James C. Lilley, Lieutenant (Retired),
ICITAP Master Instructor, Critical Incident Instructor

Dr. Harry N. (Nick) Spring has been applying psychological expertise in clinical, organizational and academic settings for over Thirty five years. His occupational focus includes PTSD recognition and treatment, psychological evaluation, cognitive rehabilitation, psychotherapy, group facilitation and education. He has extensive experience dealing with PTSD patients, and has spent the last five years dealing only with patients experiencing PTSD symptoms. Dr. Spring was Director of The Non-Traditional Program at the University of Mobile, where Dr. Spring served as a professor of psychology and taught courses in Psychology, Counseling, Personality Theories and Marriage/Family Therapy, and has served as a Hospital Administrator in Psychiatric hospitals in California and Florida. Dr. Spring has also has hosted several radio shows in Louisiana, California, Florida, Georgia and Tennessee, relating to mental health. Dr. Spring has spent the past 34 years treating patients with PTSD issues and symptoms and helping those patients learn to use techniques that helped them heal and desensitize the memory circuits that held the horrific experience that lead the patient to develop PTSD symptoms, and is eager to parlay his experience and knowledge to helping law enforcement officer's deal with individuals suffering from Post-Traumatic Stress Disorder.

COURSE DESCRIPTION:

This course is designed to provide the first responder with a basic understanding of Post Traumatic Stress Disorder and the disabling anxiety it causes in individuals who suffer from it. This course will provide the law enforcement officer with not only an understanding of PTSD and the conditions that stem from it, but also describes and explains how to speak with this individual and help calm them in an effort to bring them back to reality.

Topics Include:

- A Brief History of Post-Traumatic Stress Disorder
- Symptomology of PTSD
- How PTSD Begins
- How Trauma Acts with the Brain
- Case Studies
- The Law Enforcement Officer and Defusing the PTSD Subject
- Student Exercises in “Responding to and Defusing the PTSD Subject”

INSTRUCTIONAL GOAL:

The goal of this course is to provide the law enforcement officer with the knowledge, skills and techniques necessary to feel comfortable and confident when tasked with responding to calls for service where the subject is experiencing a PTSD episode.

Today, more than ever before, law enforcement officers are faced with responding to calls for service where the subject involved is suffering from Post-Traumatic Stress Disorder. Officers need specialized training to learn how to defuse this individual when experiencing a PTSD episode. The typical response, especially when attempting to effect an arrest on the PTSD subject, brings about a myriad of potential safety issues for the law enforcement officer as well as the PTSD subject. Help your officers by affording them the opportunity to attain the proper tools and skills needed to function in modern law enforcement. Global Police Solutions, LLC is committed to our clients and believes in “Instilling professionalism through training”.

Global Police Solutions, LLC is an Approved Industry Provider of Advanced Law Enforcement training throughout the United States and Abroad. “Professional Training for Today’s Law Enforcement”

Dates and Location: November 17, 2025

Class Times: 0800-1700hrs

MLEOTA
3791 Highway 468 West
Pearl, MS 39208

Course Fee: \$149.00

*To register online, or for more information on
Global Police Solutions, please visit our website
at:
www.globalpolicesolutions.com*

Instructor:

James C. Lilley, Lt. (Retired) - The Director of Global Police Solutions, LLC, Jim brings with him over twenty-five years of law enforcement experience both Nationally and Internationally. He holds a Bachelor of Science degree in Criminal Justice as well as an ICITAP Master Instructor certification, and is a member of the International Law Enforcement Educators and Trainers Association. Jim is well diversified in law enforcement, and has served in such supervisory and management roles as a Corporal, Detective, Major Level Narcotics Task Force Agent, Detective Sergeant, Patrol Sergeant, Training Sergeant and as a Training Division Commander/Lieutenant. While serving four years in Iraq with the police training mission, Jim served as a Senior Mentor, Lead Trainer, Training Center Support Team Leader, and as the Acting Regional Commander for AAB 5, Southern Iraq where he received a Certificate of Appreciation for Dedication and Initiative from Lieutenant General Helmick, USA, Commanding General, Multi-National Security Transition Command-Iraq.

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